



# Overview of Requirements British Columbia Registered Play Therapist (BCRPT)

## 1. EDUCATION

- a. Master's or higher mental health degree or a Medical degree including a supervised practicum
- b. Coursework in
  - i. Child development
  - ii. Theories of Personality: Understanding of Personality Development
  - iii. Principles of Psychotherapy
  - iv. Child and Adolescent Psychopathology/Abnormal Child Psychology
  - v. Ethics

## 2. PLAY THERAPY TRAINING

- a. 180 CE hours of play therapy-specific instruction with the following stipulations
  - i. Play therapy history - a minimum of 3 hours
  - ii. Play therapy applications/Special populations- a minimum of 18 hours
  - iii. The remaining 159 CE hours need to include the following areas by a \*BCPTA approved provider (no minimum):
    1. Play therapy theories and research
    2. Play therapy techniques or methods
    - \* Please note: a maximum of 50 non-contact (online) hours will be accepted
- b. Reflection paper on one workshop

***\* Please note that for credentialing purposes:***

***- Credentialed Supervisor = a supervisor who is a Registered Play Therapy Supervisor (RPT-S, CPT-S, BCRPT-S)***

***- Uncredentialed Supervisor = a supervisor who has a Master's or Doctoral degree in Counselling Psychology or a Medical degree***

## 3. CLINICAL EXPERIENCE

- a. 2000 hours of general clinical practice (up to 1000 hours pre-master's/medical degree)
- b. 500 hours of supervised practice specific to play therapy completed post-master's/medical degree

- i. Supervision of play therapy hours:
  1. 200 hours need to be supervised by a credentialed supervisor
  2. 300 hours supervised by a uncredentialed supervisor
  3. The play therapy hours require 1 hour of supervision for every 10 hours of play therapy provided- see below for specifics

**4. SUPERVISION OF PLAY THERAPY**

- a. Need 50 hours of play therapy specific supervision
- b. 20 hours of supervision need to be provided by a credentialed supervisor
  - i. A minimum of 10 hours needs to be direct supervision one on one
  - ii. Up to 20 hours can be group supervision with the group being no larger than 6
- c. Up to 30 hours of supervision can be provided by an un-credentialed supervisor
- d. A minimum of 10 hours by same credentialed supervisor

**5. PERSONAL STATEMENT**

- a. 750-1000 words
- b. How applicant’s theoretical orientation informs their approach to play therapy in a specific case example

**6. REFERENCES** - maximum of 2 forms

**7. PRIMARY REGISTRATION** (BCACC, CCPA, College of Social Work, College of Psychologists, etc.)

<b>*BCPTA approved providers</b>
CEs provided by APT or CAPT approved providers. CEs provided by other institutes or presenters will be considered upon submission of the course description on an individual basis. In order for a course to be considered it must contain one or more of the following in the description: play therapy, expressive arts therapy, creative arts therapy, sand tray therapy, or Sandplay therapy.