



Overview of Requirements British Columbia Registered Play Therapist (BCRPT)

1. EDUCATION

- a. Master's or higher mental health degree or a Medical degree including a supervised practicum
- b. Coursework in
 - i. Child development
 - ii. Theories of Personality: Understanding of Personality Development
 - iii. Principles of Psychotherapy
 - iv. Child and Adolescent Psychopathology/Abnormal Child Psychology
 - v. Ethics

2. PLAY THERAPY TRAINING

- a. 180 CE hours of play therapy-specific instruction with the following stipulations
 - i. Play therapy history - a minimum of 3 hours
 - ii. Play therapy applications/Special populations- a minimum of 18 hours
 - iii. The remaining 159 CE hours need to include the following areas (no minimum):
 1. Play therapy theories and research
 2. Play therapy techniques or methods
 - * Please note: a maximum of 50 non-contact (online) hours will be accepted
- b. Reflection paper on one workshop

*** Please note that for certification purposes:**

- Credentialed Supervisor = a supervisor who is a Registered Play Therapy Supervisor (RPT-S, CPT-S, BCRPT-S)

- Uncredentialed Supervisor = a supervisor who has a Master's or Doctoral degree in Counselling Psychology or a Medical degree

3. CLINICAL EXPERIENCE

- a. 2000 hours of general clinical practice (up to 1000 hours pre-master's/medical degree)
- b. 500 hours of supervised practice specific to play therapy completed post-master's/medical degree

- i. Supervision of play therapy hours:
 - 1. 200 hours need to be supervised by a credentialed supervisor
 - 2. 300 hours supervised by a uncredentialed supervisor
 - 3. The play therapy hours require 1 hour of supervision for every 10 hours of play therapy provided- see below for specifics

4. SUPERVISION OF PLAY THERAPY

- a. Need 50 hours of play therapy specific supervision
- b. 20 hours of supervision need to be provided by a credentialed supervisor
 - i. A minimum of 10 hours needs to be direct supervision one on one
 - ii. Up to 20 hours can be group supervision with the group being no larger than 6
- c. Up to 30 hours of supervision can be provided by an un-credentialed supervisor
- d. A minimum of 10 hours by same credentialed supervisor

5. PERSONAL STATEMENT

- a. 750-1000 words
- b. How applicant's theoretical orientation informs their approach to play therapy in a specific case example

6. REFERENCES - maximum of 2 forms

7. PRIMARY REGISTRATION (BCACC, CCPA, College of Social Work, College of Psychologists, etc.)