



# **Certification Guide For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapist Supervisor (BCRPT-S)**

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## Criteria for BCRPT & BCRPT-S For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapist Supervisor (BCRPT-S)

### PRIMARY REGISTRATION

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• Applicant must show that s/he is a member in good standing with a College or a BCPTA approved registering body</li> <li>• For example:               <ul style="list-style-type: none"> <li>○ Registered Clinical Counsellor, Canadian Certified Counsellor, Registered Social Worker, or Registered Psychologist</li> </ul> </li> </ul>	
<ul style="list-style-type: none"> <li>• BCRPT is a secondary designation only effective when the applicant holds a primary registration renewed annually</li> </ul>	<ul style="list-style-type: none"> <li>• BCRPT-S is a secondary designation only effective when the applicant holds a primary registration renewed annually</li> </ul>

### EDUCATION

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• Master's or higher mental health or medical degree including a <b>supervised practicum</b></li> <li>• Demonstrated coursework in:               <ul style="list-style-type: none"> <li>○ Child Development</li> <li>○ Theories of Personality: Understanding of Personality Development</li> <li>○ Principles of Psychotherapy</li> <li>○ Child &amp; Adolescent Psychopathology/Abnormal Child Psychology</li> <li>○ Ethics (include the ethics of working with children and families)</li> </ul> </li> </ul>	
	<ul style="list-style-type: none"> <li>• Must have BCRPT, RPT or CPT before applying for BCRPT-S</li> </ul>

**PLAY THERAPY TRAINING**

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• <b>180 CE hours</b> of play therapy specific instruction from institutions of higher education or BCPTA-approved providers in the following areas:               <ul style="list-style-type: none"> <li>○ Play Therapy History                   <ul style="list-style-type: none"> <li>▪ 3 hours minimum</li> </ul> </li> <li>○ Play Therapy Applications (Special Populations: families, anxiety, trauma)                   <ul style="list-style-type: none"> <li>▪ Minimum of 18 hours needed</li> </ul> </li> <li>○ Play Therapy Techniques or Methods</li> <li>○ Play Therapy Theories (and research)</li> <li>○ <i>* A maximum of 50 hours can be non-contact (=online)</i></li> </ul> </li> </ul>	
<ul style="list-style-type: none"> <li>• The applicant is required to choose <b>1 workshop</b> and write a reflection paper for it               <ul style="list-style-type: none"> <li>○ See <b>REFLECTION PAPER CRITERIA</b></li> </ul> </li> </ul>	

**SUPERVISOR TRAINING**

BCRPT	BCRPT-S
	<ul style="list-style-type: none"> <li>• Obtain a minimum of <b>12 hours</b> of supervisor training</li> <li>• This training can relate to the general practice of providing effective/ethical clinical supervision</li> </ul> <hr/> <ul style="list-style-type: none"> <li>• A minimum of <b>2</b> of these <b>supervisor training hours</b> must be on the provision of <b>Play Therapy-specific supervision</b></li> </ul>

## CLINICAL EXPERIENCE

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• Must complete <b>2000 direct hours</b> of supervised general clinical practice</li> <li>• No more than more than <b>1000 hours</b> of the above may be acquired prior to a Master's or Medical degree</li> <li>• At least <b>500</b> of these hours must be supervised practice specific to play therapy and these 500 hours must be completed AFTER the applicant has graduated with a Master's or Medical degree                             <ul style="list-style-type: none"> <li>○ A minimum of <b>200</b> hours needs to be supervised by a <b>Play Therapy Credentialed Supervisor</b> (BCRPT-S, RPT-S, CPT-S)</li> <li>○ Up to <b>300</b> of these hours may be supervised by a non-credentialed supervisor</li> </ul> </li> </ul>	
	<ul style="list-style-type: none"> <li>• Plus, an additional 2 years (2000 hours including at least 300 hours of play therapy) of clinical experience after obtaining BCRPT, including experience as a supervisor                             <ul style="list-style-type: none"> <li>○ Need to have provided <b>40 hours of play therapy supervision</b></li> </ul> </li> </ul>

## SUPERVISION OF PLAY THERAPY

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• Must have <b>50 hours</b> of play therapy specific supervision                             <ul style="list-style-type: none"> <li>○ A minimum of <b>10 hours</b> needs to be <b>direct supervision one on one</b> (=direct observation or videotape) by a <b>credentialed supervisor</b></li> <li>○ Up to <b>20 hours</b> can be <b>group supervision</b> run by a <b>credentialed supervisor</b> with the group being no larger than 6</li> <li>○ A minimum of <b>10 hours</b> of supervision must be by the <b>same credentialed supervisor</b></li> <li>○ Up to <b>30 hours</b> of supervision can be provided by an <b>un-credentialed supervisor</b></li> </ul> </li> </ul>	

## SUPERVISION OF SUPERVISION

BCRPT	BCRPT-S
	<ul style="list-style-type: none"> <li>• <b>8 hours</b> of direct supervision of supervision (in session or video tapes) by a credentialed supervisor</li> <li>• This supervision may include a combination of individual or group (2-10 individuals per group) supervision and must be conducted by a credentialed supervisor</li> </ul>

## SUBMISSION OF PERSONAL STATEMENT

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• Must submit a <b>750–1000 word</b> personal statement detailing how your theoretical orientation informs your approach in a specific case example. Please ensure client confidentiality.</li> </ul>	<ul style="list-style-type: none"> <li>• Must submit a <b>750–1000 word</b> personal statement detailing how your supervision model informs your approach to supervision in a specific case example. Please ensure supervisee and client confidentiality.</li> </ul>

## REFERENCES

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• A maximum of 2 reference forms are required:               <ul style="list-style-type: none"> <li>○ If the applicant had a single credentialed supervisor for all 50 supervision hours, only 1 reference form is needed</li> <li>○ If the applicant had more than one supervisor, a minimum of 1 reference form is needed from the credentialed supervisor</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• 3 reference forms are required:               <ul style="list-style-type: none"> <li>○ One reference form from the credentialed supervisor who provided the supervision of supervision</li> <li>○ 2 reference forms from supervisees</li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>• The referee fills in the reference form and mails it in. Reference forms are not to be returned in the applicant's package.</li> </ul>	

## BCPTA MEMBERSHIP

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• Must be a member-in-good-standing with BCPTA or become a member of BCPTA</li> </ul>	<ul style="list-style-type: none"> <li>• Must be a member-in-good-standing with BCPTA</li> </ul>

## RENEWAL CRITERIA (3-YEAR CYCLE)

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• 24 hours of play therapy-specific continuing education as a learner or an instructor/presenter               <ul style="list-style-type: none"> <li>○ Authoring a play therapy publication will be considered for up to 12 of the 24 hours. Contact the committee for details.</li> </ul> </li> </ul>	
<ul style="list-style-type: none"> <li>• For each of those 3 years, the applicant must show proof of having been a member in good standing of a College or BCPTA-approved registering body</li> </ul>	
	<ul style="list-style-type: none"> <li>• 6 hours of supervisor training as a learner or instructor</li> </ul>



## **Terminology For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapist Supervisor (BCRPT-S)**

1. **BCPTA** refers to the British Columbia Play Therapy Association, a professional non-profit society in the province of British Columbia
2. **BCPTA-Approved Providers** refers to those individuals, organizations and businesses that are listed below:
  - a. Any provider that has been approved as a provider for the Association for Play Therapy (APT)
  - b. Any provider that has been approved as a provider for the Canadian Association of Child Play Therapists (CACPT)
3. **CE** is the acronym for “continuing education” (hours earned at conferences, workshops, and other forums). This refers to continuing education where “students enjoy in-person (contact) or distance interaction with a live instructor in real time”.
4. **Contact hours** refer to hours of in-person play therapy training such as at a workshop or conference
5. **Non-contact hours** are hours of training online such as in webinars
6. **Supervision** is when you meet face-to-face, over the phone or online with your supervisor to discuss your play therapy cases
7. **Direct Supervision** is when the supervisor either directly observes you in session or views videotape of your sessions
8. **Individual Supervision** involves one supervisor and one supervisee
9. **Group Supervision** consists of one supervisor and at least two but not more than 6 supervisees for BCRPT certification
10. **Supervisors** have minimum of a Master’s degree in Counselling Psychology, Social Work or a related field. They are clinical mental health professionals eligible to supervise and are expected to abide by the ethics and stands of their regulatory body.
11. **Credentialed Supervisor** has play therapy supervision certification such as BCRPT-S, CPT-S or RPT-S
12. **Un-credentialed Supervisor** is a master’s level clinician who is serving in a supervisory capacity in the field of Play Therapy or Counselling and is not certified as a play therapy supervisor
13. **Institutions** refer to colleges and universities
14. **Member** refers to a current member of the British Columbia Play Therapy Association
15. **BCRPT** stands for BC Registered Play Therapist
16. **BCRPT-S** stands for BC Registered Play Therapist-Supervisor
17. **Registering body** refers to organizations that register master’s level counsellors such as BC Association of Clinical **Counsellors** (BCACC), the Canadian **Counselling and Psychotherapy** Association (CCPA), the **British Columbia** Association for Marriage and Family Therapy (BCAMFT)



## **Reflection Paper Criteria For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapist Supervisor (BCRPT-S)**

A 750-1000 word document containing the following information:

- A brief summary of the workshop content
- 3 things that the presenter explained that resonated with the participant
- How the participant intends to apply those 3 things in their own work in a clinical setting
- One thing that the presenter discussed that the participant disagreed with, had reservations about, or would only apply in limited circumstances. Please give details.



## **Fee Table For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapist Supervisor (BCRPT-S)**

	<b>BCRPT</b>	<b>BCRPT-S</b>
<b>Application Fee</b>	\$150	\$175
<b>Annual Credentialing Fee</b>	\$75	\$100





## **Miscellaneous & Contact Information For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapist Supervisor (BCRPT-S)**

The BCPTA believes that the general public is well-served by play therapy-trained mental health professionals. Accordingly, BCPTA welcomes applications from eligible mental health professionals. In addition, BCPTA welcomes mental health professionals holding the RPT/RPT-S, and CPT/CPT-S credentials.

If, after reviewing the BCRPT and BCRPT-S Guide, you continue to have questions, please feel free to contact us at **[certification@bcplaytherapy.ca](mailto:certification@bcplaytherapy.ca)**.