



# Registration Guide For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapist Supervisor (BCRPT-S)

## TABLE OF CONTENTS

|  |          |
|--|----------|
| <b>CRITERIA FOR BCRPT &amp; BCRPT-S</b>        | <b>2</b> |
| <i>Primary Registration</i>                    | <b>2</b> |
| <i>Education</i>                               | <b>2</b> |
| <i>Play Therapy Training</i>                   | <b>3</b> |
| <i>Supervisor Training</i>                     | <b>3</b> |
| <i>Clinical Experience</i>                     | <b>4</b> |
| <i>Supervision of Play Therapy</i>             | <b>4</b> |
| <i>Supervision of Supervision</i>              | <b>5</b> |
| <i>Submission of Essay</i>                     | <b>5</b> |
| <i>References</i>                              | <b>5</b> |
| <i>BCPTA Membership</i>                        | <b>6</b> |
| <i>Renewal Criteria (3-year cycle)</i>         | <b>6</b> |
| <b>TERMINOLOGY</b>                             | <b>7</b> |
| <b>REFLECTION PAPER CRITERIA</b>               | <b>8</b> |
| <b>FEE TABLE</b>                               | <b>8</b> |
| <b>MISCELLANEOUS &amp; CONTACT INFORMATION</b> | <b>9</b> |



## Criteria for BCRPT & BCRPT-S For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapist Supervisor (BCRPT-S)

### PRIMARY REGISTRATION

| BCRPT   | BCRPT-S  |
|---|--|
| <ul style="list-style-type: none"> <li>Applicant must show that s/he is a member in good standing with a College or a BCPTA approved registering body</li> <li>For example: <ul style="list-style-type: none"> <li>Registered Clinical Counsellor, Canadian Certified Counsellor, Registered Social Worker, or Registered Psychologist</li> </ul> </li> </ul> |  |
| <ul style="list-style-type: none"> <li>BCRPT is a secondary designation only effective when the applicant holds a primary registration renewed annually</li> </ul>  | <ul style="list-style-type: none"> <li>BCRPT-S is a secondary designation only effective when the applicant holds a primary registration renewed annually</li> </ul> |

### EDUCATION

| BCRPT   | BCRPT-S   |
|---|---|
| <ul style="list-style-type: none"> <li>Master's or higher mental health or medical degree including a <b>supervised practicum</b></li> </ul>  |   |
| <ul style="list-style-type: none"> <li>Demonstrated coursework in: <ul style="list-style-type: none"> <li>Child Development</li> <li>Theories of Personality: Understanding of Personality Development</li> <li>Principles of Psychotherapy</li> <li>Child &amp; Adolescent Psychopathology/Abnormal Child Psychology</li> <li>Ethics (include the ethics of working with children and families)</li> </ul> </li> </ul> |   |
|   | <ul style="list-style-type: none"> <li>Must have BCRPT, RPT or CPT before applying for BCRPT-S</li> </ul> |

## PLAY THERAPY TRAINING

| BCRPT   | BCRPT-S |
|---|---------|
| <ul style="list-style-type: none"> <li>• <b>180 CE hours</b> of play therapy specific instruction from institutions of higher education or *BCPTA-approved providers in the following areas: <ul style="list-style-type: none"> <li>○ Play Therapy History <ul style="list-style-type: none"> <li>■ 3 hours minimum</li> </ul> </li> <li>○ Play Therapy Applications (Special Populations: families, anxiety, trauma) <ul style="list-style-type: none"> <li>■ Minimum of 18 hours needed</li> </ul> </li> <li>○ Play Therapy Techniques or Methods</li> <li>○ Play Therapy Theories (and research)</li> <li>○ <i>* A maximum of 50 hours can be non-contact (=online)</i></li> </ul> </li> </ul> |         |
| <ul style="list-style-type: none"> <li>• The applicant is required to choose <b>1 workshop</b> and write a reflection paper for it <ul style="list-style-type: none"> <li>○ See <b>REFLECTION PAPER CRITERIA</b></li> </ul> </li> </ul>   |         |

## SUPERVISOR TRAINING

| BCRPT | BCRPT-S  |
|-------|--|
|       | <ul style="list-style-type: none"> <li>• Obtain a minimum of <b>12 hours</b> of supervisor training</li> <li>• This training can relate to the general practice of providing effective/ethical clinical supervision</li> </ul> |
|       | <ul style="list-style-type: none"> <li>• A minimum of <b>2</b> of these <b>supervisor training hours</b> must be on the provision of <b>Play Therapy-specific supervision</b></li> </ul>                                       |



## CLINICAL EXPERIENCE

| BCRPT   | BCRPT-S   |
|---|---|
| <ul style="list-style-type: none"> <li>• Must complete <b>2000 direct hours</b> of supervised general clinical practice</li> <li>• No more than more than <b>1000 hours</b> of the above may be acquired prior to a Master's or Medical degree</li> <li>• At least <b>500</b> of these hours must be supervised practice specific to play therapy and these 500 hours must be completed AFTER the applicant has graduated with a Master's or Medical degree               <ul style="list-style-type: none"> <li>○ A minimum of <b>200</b> hours needs to be supervised by a <b>Play Therapy Credentialed Supervisor</b> (BCRPT-S, RPT-S, CPT-S)</li> <li>○ Up to <b>300</b> of these hours may be supervised by a non-credentialed supervisor</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>• Plus, an additional 2 years (2000 hours including at least 300 hours of play therapy) of clinical experience after obtaining BCRPT, including experience as a supervisor               <ul style="list-style-type: none"> <li>○ Need to have provided <b>40 hours of play therapy supervision</b></li> </ul> </li> </ul> |

## SUPERVISION OF PLAY THERAPY

| BCRPT   | BCRPT-S |
|---|---------|
| <ul style="list-style-type: none"> <li>• Must have <b>50 hours</b> of play therapy specific supervision               <ul style="list-style-type: none"> <li>○ A minimum of <b>10 hours</b> needs to be <b>direct supervision one on one</b> (=direct observation or videotape) by a <b>credentialed supervisor</b></li> <li>○ Up to <b>20 hours</b> can be <b>group supervision</b> run by a <b>credentialed supervisor</b> with the group being no larger than 6</li> <li>○ A minimum of <b>10 hours</b> of supervision must be by the <b>same credentialed supervisor</b></li> <li>○ Up to <b>30 hours</b> of supervision can be provided by an <b>un-credentialed supervisor</b></li> </ul> </li> </ul> |         |

## SUPERVISION OF SUPERVISION

| BCRPT | BCRPT-S   |
|-------|---|
|       | <ul style="list-style-type: none"> <li>• <b>8 hours</b> of direct supervision of supervision (in session or video tapes) by a credentialed supervisor</li> <li>• This supervision may include a combination of individual or group (2-10 individuals per group) supervision and must be conducted by a credentialed supervisor</li> </ul> |

## SUBMISSION OF PERSONAL STATEMENT

| BCRPT  | BCRPT-S  |
|--|--|
| <ul style="list-style-type: none"> <li>• Must submit a <b>750–1000 word</b> personal statement detailing how your theoretical orientation informs your approach in a specific case example. Please ensure client confidentiality.</li> </ul> | <ul style="list-style-type: none"> <li>• Must submit a <b>750–1000 word</b> personal statement detailing how your supervision model informs your approach to supervision in a specific case example. Please ensure supervisee and client confidentiality.</li> </ul> |

## REFERENCES

| BCRPT  | BCRPT-S  |
|--|--|
| <ul style="list-style-type: none"> <li>• A maximum of 2 reference forms are required: <ul style="list-style-type: none"> <li>○ If the applicant had a single credentialed supervisor for all 50 supervision hours, only 1 reference form is needed</li> <li>○ If the applicant had more than one supervisor, a minimum of 1 reference form is needed from the credentialed supervisor</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>• 3 reference forms are required: <ul style="list-style-type: none"> <li>○ One reference form from the credentialed supervisor who provided the supervision of supervision</li> <li>○ 2 reference forms from supervisees</li> </ul> </li> </ul> |
| <ul style="list-style-type: none"> <li>• The referee fills in the reference form and mails it in. Reference forms are not to be returned in the applicant's package.</li> </ul>  |  |

## BCPTA MEMBERSHIP

| BCRPT  | BCRPT-S  |
|--|--|
| <ul style="list-style-type: none"><li>• Must be a member-in-good-standing with BCPTA or become a member of BCPTA</li></ul> | <ul style="list-style-type: none"><li>• Must be a member-in-good-standing with BCPTA</li></ul> |

## RENEWAL CRITERIA (3-YEAR CYCLE)

| BCRPT   | BCRPT-S   |
|---|---|
| <ul style="list-style-type: none"><li>• 24 hours of play therapy-specific continuing education as a learner or an instructor/presenter from *BCPTA approved providers<ul style="list-style-type: none"><li>○ Authoring a play therapy publication will be considered for up to 12 of the 24 hours. Contact the committee for details.</li></ul></li></ul> |   |
| <ul style="list-style-type: none"><li>• For each of those 3 years, the applicant must show proof of having been a member in good standing of a College or BCPTA-approved registering body</li></ul>   |   |
|   | <ul style="list-style-type: none"><li>• 6 hours of supervisor training as a learner or instructor</li></ul> |



## Terminology

### For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapist Supervisor (BCRPT-S)

1. **BCPTA** refers to the British Columbia Play Therapy Association, a professional non-profit society in the province of British Columbia
2. **\*BCPTA-Approved Providers** refers to those individuals, organizations and businesses that are listed below:
  - a. Any provider that has been approved as a provider for the Association for Play Therapy (APT)
  - b. Any provider that has been approved as a provider for the Canadian Association of Child Play Therapists (CACPT)
  - c. Other providers will be considered on an individual basis and the course description must provide one or more of the following: play therapy, expressive arts therapy, creative arts therapy, sand tray therapy or sandplay therapy.
3. **CE** is the acronym for “continuing education” (hours earned at conferences, workshops, and other forums). This refers to continuing education where “students enjoy in-person (contact) or distance interaction with a live instructor in real time”.  
**Contact hours** refer to hours of in-person play therapy training such as at a workshop or conference
4. **Non-contact hours** are hours of training online such as in webinars
5. **Supervision** is when you meet face-to-face, over the phone or online with your supervisor to discuss your play therapy cases
6. **Direct Supervision** is when the supervisor either directly observes you in session or views videotape of your sessions
7. **Individual Supervision** involves one supervisor and one supervisee
8. **Group Supervision** consists of one supervisor and at least two but not more than 6 supervisees for BCRPT credentialing
9. **Supervisors** have minimum of a Master’s degree in Counselling Psychology, Social Work or a related field. They are clinical mental health professionals eligible to supervise and are expected to abide by the ethics and standards of their regulatory body.
10. **Credentialed Supervisor** has play therapy supervision credentialing such as BCRPT-S, CPT-S or RPT-S
11. **Un-credentialed Supervisor** is a master’s level clinician who is serving in a supervisory capacity in the field of Play Therapy or Counselling and is not registered as a play therapy supervisor
12. **Institutions** refer to colleges and universities
13. **Member** refers to a current member of the British Columbia Play Therapy Association
14. **BCRPT** stands for BC Registered Play Therapist
15. **BCRPT-S** stands for BC Registered Play Therapist-Supervisor
16. **Registering body** refers to organizations that register master’s level counsellors such as BC Association of Clinical **Counsellors** (BCACC), the Canadian **Counselling and Psychotherapy** Association (CCPA), the **British Columbia** Association for Marriage and Family Therapy (BCAMFT)



## **Reflection Paper Criteria** **For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapist Supervisor (BCRPT-S)**

A 750-1000 word document containing the following information:

- A brief summary of the workshop content
- 3 things that the presenter explained that resonated with the participant
- How the participant intends to apply those 3 things in their own work in a clinical setting
- One thing that the presenter discussed that the participant disagreed with, had reservations about, or would only apply in limited circumstances. Please give details.



## **Fee Table (in addition to annual membership fee)** **For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapist Supervisor (BCRPT-S)**

|                                 | <b>BCRPT</b> | <b>BCRPT-S</b> |
|---------------------------------|--------------|----------------|
| <b>Application Fee</b>          | \$150        | \$175          |
| <b>3-Year Credentialing Fee</b> | \$75         | \$150          |





## **Miscellaneous & Contact Information For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapist Supervisor (BCRPT-S)**

The BCPTA believes that the general public is well-served by play therapy-trained mental health professionals. Accordingly, BCPTA welcomes applications from eligible mental health professionals. In addition, BCPTA welcomes mental health professionals holding the RPT/RPT-S, and CPT/CPT-S credentials.

If, after reviewing the BCRPT and BCRPT-S Guide, you continue to have questions, please feel free to contact us at [credentialing@bcplaytherapy.ca](mailto:credentialing@bcplaytherapy.ca).