



# Criteria for BC Registered Play Therapist (BCRPT) & BC Registered Play Therapy Supervisor (BCRPT-S)

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## POLICY GUIDELINES FOR CREDENTIALING

### Education or Continuing Education Program

BCPTA reserves the right to review and reject the sponsor, content, and presenter of an education or continuing education program.

### Renewal of Registration

If audited by BCPTA, you must provide transcripts from institutions of higher education or certificates from BCPTA-approved providers of Play Therapy Continuing Education (with their Approved Provider number displayed).

### Application for Registration

Copies of course syllabi, registration materials, training programs, promotional Flyers, etc, may also be requested. Do not submit original copies of your certificates as all materials will be destroyed after review.

### Denial, Revocation, Suspension, or Probation

*Note: BCPTA is not a regulatory body.*

A BCRPT or BCRPT-S registration application may be denied, or BCPTA may unilaterally revoke, suspend, or place on probation a BCRPT or BCRPT-S credentialed counsellor, for one or more of these reasons:

- a) Disciplinary action is taken against you by the registering body that results in the suspension or revocation of your registration.
- b) Complaint(s) are being made about you and/or your work.
- c) Conviction of a crime related to the provision of mental health services or a crime that would adversely affect the interests, effectiveness, reputation, or image of BCPTA.
- d) Falsification, by inclusion or omission, of information on the BCRPT and BCRPT-S application or renewal, or on any supporting document.
- e) Failure to complete BCRPT and BCRPT-S registration application or renewal requirements.
- f) Representing your BCRPT or BCRPT-S registration as your primary registration.

In case of any dispute, the applicant may appeal to the Board of BCPTA. The decision of the Board is final.

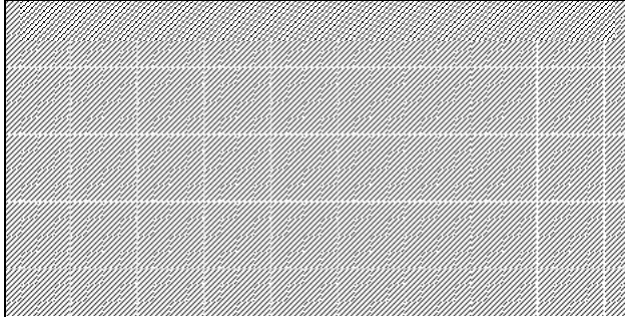
**PRIMARY REGISTRATION**

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• Applicant must show that they are a member in good standing with a College or a BCPTA approved registering body.</li> <li>• For example:                             <ul style="list-style-type: none"> <li>○ Registered Clinical Counsellor, Canadian Certified Counsellor, Registered Social Worker, or Registered Psychologist</li> <li>○ A registering body will be considered if it has a code of ethics and a complaint/disciplinary process.</li> </ul> </li> </ul>	
<ul style="list-style-type: none"> <li>• BCRPT is a secondary designation only effective when the applicant holds a primary registration that is annually renewed.</li> </ul>	<ul style="list-style-type: none"> <li>• BCRPT-S is a secondary designation only effective when the applicant holds a primary registration that is annually renewed.</li> </ul>

**EDUCATION**

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• Master’s or higher mental health or medical degree including a <b>supervised practicum</b></li> </ul>	
<ul style="list-style-type: none"> <li>• Demonstrated coursework in:                             <ul style="list-style-type: none"> <li>○ Child Development</li> <li>○ Theories of Personality: Understanding of Personality Development</li> <li>○ Principles of Psychotherapy</li> <li>○ Child &amp; Adolescent Psychopathology/Abnormal Child Psychology</li> <li>○ Ethics (include the ethics of working with children and families)</li> <li>○ Cultural and Social Diversity (<i>or 12 CEs of Cultural and Social Diversity play therapy specific instruction – these credits can be counted as part of the 180 CE credits needed for registration</i>)</li> </ul> </li> </ul>	
	<ul style="list-style-type: none"> <li>• Must have BCRPT, RPT or CPT before applying for BCRPT-S</li> </ul>

PLAY THERAPY or SUPERVISOR TRAINING	
BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• <b>180 CE hours</b> of play therapy specific from institutions of higher education or *BCPTA-approved providers in the following areas:               <ul style="list-style-type: none"> <li>○ Play Therapy History                   <ul style="list-style-type: none"> <li>■ 3 hours minimum</li> </ul> </li> <li>○ Play Therapy Applications – Special Populations (i.e. families, anxiety, trauma)                   <ul style="list-style-type: none"> <li>■ 18 hours minimum</li> </ul> </li> <li>○ Cultural and Social Diversity                   <ul style="list-style-type: none"> <li>■ 6 hours minimum (above and beyond the 12 CEs that may have been acquired to fulfill the Cultural and Social Diversity requirement in the core content coursework section)</li> </ul> </li> <li>○ Play Therapy Techniques or Methods (no minimum)</li> <li>○ Play Therapy Theories and Research (no minimum)</li> <li>○ <i>* A maximum of 50 hours can be non-contact (pre-recorded online).</i></li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Obtain a minimum of <b>12 hours</b> of supervisor training.</li> <li>• This training can relate to the general practice of providing effective/ethical clinical supervision.</li> <li>• A minimum of <b>2</b> of these <b>supervisor training hours</b> must pertain to <b>Play Therapy-specific supervision from a *BCPTA approved provider.</b></li> </ul>
<ul style="list-style-type: none"> <li>• The applicant is required to choose <b>1 workshop</b> and write a reflection paper for it.               <ul style="list-style-type: none"> <li>○ See <b>REFLECTION PAPER CRITERIA on page 6</b></li> </ul> </li> </ul>	
<p><b>*BCPTA approved providers - CEs provided by BCPTA, APT or CAPT approved providers. CEs provided by other institutes or presenters will be considered upon submission of the course description on an individual basis. In order for a course to be considered it must contain one or more of the following in the description: play therapy, expressive arts therapy, creative arts therapy, sand tray therapy, or sand play therapy.</b></p>	

CLINICAL EXPERIENCE	
BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• Must complete <b>2000 direct hours</b> of supervised general clinical practice.</li> <li>• No more than <b>1000 hours</b> of the above may be acquired prior to a Master’s or Medical degree or as part of a master’s level practicum.</li> <li>• At least <b>500</b> of these hours must be supervised practice specific to play therapy and these 500 hours must be completed AFTER the applicant has graduated with a Master’s or Medical degree.               <ul style="list-style-type: none"> <li>○ A minimum of <b>200</b> hours of play therapy practice must be completed while under the supervision of a <b>Play Therapy Credentialed Supervisor</b> (a supervisor who is a Registered Play Therapy Supervisor such as an RPT-S, CPT-S, or BCRPT-S).</li> <li>○ A maximum of <b>300</b> hours of play therapy practice can be completed while under the supervision of a non-credentialed supervisor (a supervisor who has a Master’s or Doctoral degree in Counselling Psychology or a Medical degree).</li> <li>○ The play therapy hours require 1 hour of supervision for every 10 hours of play therapy provided- see below for specifics.</li> </ul> </li> </ul>	
	<ul style="list-style-type: none"> <li>• Plus, an additional 2 years (2000 hours including at least 300 hours of play therapy) of clinical experience after obtaining BCRPT, including experience as a supervisor.               <ul style="list-style-type: none"> <li>○ Need to have provided <b>40 hours of play therapy supervision to at least 2 supervisees.</b></li> </ul> </li> </ul>

SUPERVISION OF PLAY THERAPY	
BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• Must have <b>50 hours</b> of play therapy specific supervision.               <ul style="list-style-type: none"> <li>○ A minimum of <b>10 hours</b> needs to be <b>direct one on one supervision</b> (direct observation or videotape) by <b>the same credentialed supervisor.</b></li> <li>○ Up to <b>20 hours</b> can be <b>group supervision</b> run by a <b>credentialed supervisor</b> with the group being no larger than 6</li> <li>○ Up to <b>30 hours</b> of supervision can be provided by an <b>un-credentialed supervisor.</b></li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>8 hours</b> of direct supervision of supervision (in session or video tapes) by a credentialed supervisor.</li> <li>• This supervision may include a combination of individual or group (2-10 individuals per group) supervision and must be conducted by a credentialed supervisor.</li> </ul>

REFLECTION PAPER	
BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• 750-1000 words</li> <li>• Choose <b>one workshop</b> and write a reflection paper including the following:               <ul style="list-style-type: none"> <li>○ Name and date of the workshop and name of the presenter.</li> <li>○ A brief summary of the workshop content.</li> <li>○ Three things that the presenter explained that resonated with you.</li> <li>○ How you intend on applying those three things in your own clinical practice.</li> <li>○ One thing the presenter discussed that you disagreed with, had reservations about, or would only apply in limited circumstances. Please give details.</li> <li>○ <i>APA formatting not required.</i></li> </ul> </li> <li>• <i>Please note that the applicant may provide this information in another agreed-upon format if written output is a barrier. Please contact <a href="mailto:credentialing@bcplaytherapy.ca">credentialing@bcplaytherapy.ca</a> for details.</i></li> </ul>	<div style="background-color: #cccccc; height: 150px; width: 100%; border: 1px solid black;"></div>

**PERSONAL STATEMENT**

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• Must submit a <b>750–1000 word</b> personal statement detailing how your theoretical orientation informs your approach in a specific case example. Please ensure client confidentiality. <i>APA formatting not required.</i></li> </ul>	<ul style="list-style-type: none"> <li>• Must submit a <b>750–1000 word</b> personal statement detailing how your supervision model informs your approach to supervision in a specific case example. Please ensure supervisee and client confidentiality. <i>APA formatting not required.</i></li> </ul>

**REFERENCES**

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• A maximum of 2 reference forms may be required: <ul style="list-style-type: none"> <li>○ If the applicant had a single credentialed supervisor for all 50 supervision hours, only 1 reference form is needed.</li> <li>○ If the applicant had more than one supervisor, 2 reference forms are needed.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• 3 reference forms are required: <ul style="list-style-type: none"> <li>○ One reference form from the credentialed supervisor who provided the supervision of supervision.</li> <li>○ 2 reference forms from supervisees.</li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>• Reference forms are sent directly by the supervisor(s) to <a href="mailto:credentialing@bcplaytherapy.ca">credentialing@bcplaytherapy.ca</a>. Reference forms are not to be sent in the applicant's package.</li> </ul>	

**BCPTA MEMBERSHIP**

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• Must be a member-in-good-standing with BCPTA and must continue to renew membership annually.</li> </ul>	<ul style="list-style-type: none"> <li>• Must be a member-in-good-standing with BCPTA and must continue to renew membership annually.</li> </ul>

**RENEWAL CRITERIA (3-YEAR CYCLE)**

BCRPT	BCRPT-S
<ul style="list-style-type: none"> <li>• 24 hours of play therapy-specific continuing education as a learner or an instructor/presenter from *BCPTA approved providers. Of these 24 hours               <ul style="list-style-type: none"> <li>○ 2 hours must be in social and cultural diversity specific to play therapy.</li> <li>○ These courses may be in person or live webinar (contact) with no more than 8 CEs being pre-recorded online (non- contact).</li> <li>○ Authoring a play therapy publication will be considered for up to 12 of the 24 hours. Contact the credentialing committee for details.</li> </ul> </li> </ul>	
<ul style="list-style-type: none"> <li>• For each of those 3 years, the applicant must show proof of having been a member in good standing of a College or BCPTA-approved registering body</li> </ul>	
<ul style="list-style-type: none"> <li>• BCPTA membership must be purchased in June of each year.</li> </ul>	
	<ul style="list-style-type: none"> <li>• 6 of the 24 hours must be supervisor training as a learner or instructor.</li> </ul>



**Fee Table (in addition to annual membership fee)  
For BC Registered Play Therapist (BCRPT) & BC Registered  
Play Therapist Supervisor (BCRPT-S)**

	BCRPT	BCRPT-S
<b>Membership Fee (to be paid before submitting application and then every year after)</b>	Check website for current prices	
<b>Application Fee (to be paid before application will be reviewed)</b>	\$150	\$175
<b>3-Year Credentialing Fee (to be paid upon approval of application and then every 3 years after that)</b>	\$75	\$150





## Terminology For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapy Supervisor (BCRPT-S)

1. **BCPTA** refers to the British Columbia Play Therapy Association, a professional non-profit society in the province of British Columbia.
2. **BCPTA approved providers** refers to those individuals, organizations and businesses that are listed below:
  - a. Any provider that has been approved as a provider for the Association for Play Therapy (APT)
  - b. Any provider that has been approved as a provider for the Canadian Association for Play Therapy (CAPT)
  - c. Other providers will be considered on an individual basis and the course description must provide one or more of the following: play therapy, expressive arts therapy, creative arts therapy, sand tray therapy or sand play therapy.
3. **CE** is the acronym for “continuing education” (hours earned at conferences, workshops, and other forums).
4. **Contact hours** refer to hours of in-person play therapy training such as at a workshop or a live webinar that requires your video on for the duration of the training and a post-test component.
5. **Non-contact hours** are hours of pre-recorded training online that must have a post-test component.
6. **Supervision** is when you meet face-to-face, over the phone or online with your supervisor to discuss your play therapy cases.
7. **Direct supervision** is when the supervisor either directly observes you in session or views videotape of your sessions.
8. **Individual supervision** involves one supervisor and one supervisee.
9. **Group supervision** consists of one supervisor and at least 2 but not more than 6 supervisees for BCRPT certification.
10. **Supervisors** have a minimum of a master’s degree in counselling psychology, social work or a related field. They are clinical mental health professionals eligible to supervise and are expected to abide by the ethics of their regulatory body.
11. **Credentialed supervisor** has play therapy supervision certification such as BCRPT-S, CPT-S or RPT-S.
12. **Un-credentialed supervisor** is a master’s level clinician who is serving in a supervisory capacity in the field of play therapy or counselling and is not certified as a play therapy supervisor.
13. **Institutions** refer to colleges and universities.
14. **Member** refers to a current member of the British Columbia Play Therapy Association.
15. **BCRPT** stands for BC Registered Play Therapist.
16. **BCRPT-S** stands for BC Registered Play Therapy Supervisor.
17. **Registering body** refers to organizations that register master’s level counsellors such as BC Association of Clinical Counsellors (BCACC), the Canadian Counselling and Psychotherapy Association (CCPA), the British Columbia Association for Marriage and Family Therapy (BCAMFT). A registering body will be considered if it has a code of ethics and a complaint/disciplinary process.



## **Miscellaneous & Contact Information For BC Registered Play Therapist (BCRPT) & BC Registered Play Therapy Supervisor (BCRPT-S)**

The BCPTA believes that the public is well-served by play therapy-trained mental health professionals. Accordingly, BCPTA welcomes applications from eligible mental health professionals. In addition, BCPTA welcomes mental health professionals holding the RPT/RPT-S and CPT/CPT-S credentials.

If, after reviewing the BCRPT and BCRPT-S Guide, you continue to have questions, please contact us at [credentialing@bcplaytherapy.ca](mailto:credentialing@bcplaytherapy.ca).